



Children with Diabetes (CWD) families now have a new way to let their voices be heard and their families be counted--through the **CWD Quilt for Life**. With each 3' x 3' quilt square representing a child with diabetes, this will be a powerful message to the public that our children are real people with real hopes and dreams -- and they want a cure now!

We sincerely hope that all families with type 1 diabetes will send a quilt square in honor of their family member. There is much strength in numbers. A quilt with over a thousand squares, each representing one child with this devastating disease, will be a powerful visual reminder that our children live with this disease every day, take insulin to stay alive, and are relying on us to keep the future bright for a cure. The quilt will continue to expand and grow as more families from across the U.S. and around the world hear about this project and send squares representing their children. We will display the Quilt for Life every year at the annual CWD conference, and at other diabetes rallies and venues. It will be a tremendous public awareness tool.

The Quilt is shown at all CWD conferences. Please check the CWD website for the specific dates and times that the quilt will be displayed during these conferences.

Online Archive

Photographs of each quilt square, along with information about the person behind the square, will be available online via a searchable database. When you send in your square, please include a photograph of the person so it too can be included in the online archive. The online archive can be found at www.childrenwithdiabetes.com/activities/quilt/pages.

How Do I Participate?

Design your square! If you have more than one child with type 1 diabetes, each may contribute a square. Squares need to have the following requirements:

- Each quilt square must be exactly 3' x 3' (yes, feet, or about 92 centimeters square) when completed.
- Each quilt square must be fully finished and hemmed. Do not send an unhemmed square because we do not have the ability to hem it for you.
- Anything glued on needs to be very securely attached. CWD is not responsible for pieces that fall off.
- The square needs to have your name and address on the back. As a suggestion, with permanent marker, write it on a separate piece of cloth and sew that to the back of the quilt.

- You may choose whatever material you wish. There are no rules about types of material, patterns, colors, etc.
- Please do not attach "sharps" to your square. This is a safety concern.

Mail the completed squares to Brenda Hitchcock, 5689 Chancery Place, Hamilton, OH 45011, USA.

Suggestions for Quilt Squares

If you're not sure what to put on your quilt square, here are some suggestions:

- Use iron on transfer paper and print a photo of your child (or yourself) on the fabric
- If you participate in sports, include an item or piece of clothing from the sport
- Use fabric markers to draw on a square, if you're unsure about quilting
- Include the flag of your state or country, to show the global reach of type 1 diabetes
- **Please** send a photograph of the person for whom the quilt square is made. This will be included in the online database of the quilt.

For more information about the CWD Quilt for Life, please contact:

Jeff Hitchcock
Children with Diabetes
5689 Chancery Place
Hamilton, OH 45011
jeffh@childrenwithdiabetes.com
(513) 755-0186



Please complete the following information. Fill out one form per square that you send.

Date: _____

Quilt Square Made For:
(For Example, Child's Name): _____

Birth date: _____

Date Diagnosed: _____

Parent's Name if above
person is under 18 years: _____

Address: _____

City, State, ZIP/Postal Code: _____

Country: _____

Phone: _____

E-Mail Address: _____

_____ I understand that the quilt becomes the property of CWD and will be kept as part of
Initial the overall Quilt for Life. I also understand that the quilt squares may be
photographed and used as part of other CWD projects to raise awareness of type
1 diabetes, including press releases, flyers, and other printed matter.

Signature _____

Mail completed form, along with your quilt square, to:
Brenda Hitchcock, 5689 Chancery Place, Hamilton, OH 45011, USA